

The Birch Wathen Lenox School



SPRING AT BWL

Lower School After School Program

Spring 2023 Course Catalog





BWL After School Program

Spring 2023

Welcome to the BWL After School Program Spring 2023 Course Catalog! This trimester, we are offering a wide range of class options in Sports, Music, Art, Robotics, Dance, Film Production, and more. Please see below for important details about the Spring semester.

Early Arrival and Extended Day will continue to be offered daily when we return from Spring Break on Monday, April 3rd. Families will be billed for Extended Day at a rate of **\$20 per hour** bi-monthly.

Spring enrichment classes will begin on **Monday, April 10th and end on Friday, June 2nd.**

Registration for enrichment classes closes on Sunday, April 2nd. Please find registration and payment information on page 12 of this catalog.

We are pleased to offer our Early Bird Discount again this semester! Register before Friday, March 17th and receive 10% off all enrichment classes!

If you have any questions or concerns, please feel free to email Program Director, Christine Giangola (christine.giangola@gbwl.org) We look forward to a great trimester of the BWL After School Program!

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The Birch Wathen Lenox School

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Spring 2023 Enrichment Classes

MONDAY

Dribbl Basketball in the BWL Gym!

The Dribbl basketball program aims to develop and refine skills such as shooting, passing, footwork, and ball-handling. Dribbl focuses on getting kids comfortable on the court while improving basic motor skills such as jumping, running, and sliding. Dribbl also offers a chance for older students to apply the skills they've learned in timed games.

Dribbl has a loyal following of New York City families who return year after year for its experienced staff and high coach-to-player ratio. Dribbl now enrolls more than 1,000 families each year and was named Best Basketball Clinic in *New York* magazine's annual "Best of New York" issue.

Class Time: Monday 3:15pm - 4:15pm

Grades: 3rd - 5th

Instructors: Dribbl Basketball Staff

Total Sessions: 7

Fee: \$350

For more information, please visit: <https://www.dribbl.com/>



Mandarin: Grades K-2, 3-5

The highly qualified and super-friendly teachers of Manhattan Mandarin will help your child begin his/her journey toward Mandarin fluency. This spring, your child will build a foundation of key Mandarin language skills in a fun and engaging class that focuses on tonal pronunciation, sentence building, initial character writing, numbers, family, foods, and hobbies. Songs will be sung and projects will be completed while your child falls in love with learning Mandarin and the rich history of Chinese culture.

We have created the Birch Wathen Lenox Mandarin program with a particular focus on learning the language through culture. We are eager to share this new and exciting program with the BWL community!

Class Time: Monday 3:15pm - 4:15pm

Grades: Kindergarten - 2nd, 3rd - 5th

Instructors: Manhattan Mandarin Staff

Total Sessions: 7

Fee: \$275

For more information, please visit: <https://www.manhattanmandarin.com/>



TUESDAY

Kodely: Behind the Scenes of Game Design

The secret to getting your child interested in coding and design? Let them create their own FUN games such as a cool Maze and Platformer game where students get to touch on elements of design and concepts like speed and velocity! Your child will learn to create their own games while learning concepts that are essential to problem solving and coding. The camp will culminate with an open house for parents to see the games their child designed!

Class Time: Tuesday 3:15pm - 4:15pm

Grades: 2nd - 5th

Instructor: Kodely Staff

Total Sessions: 8

Fee: \$335

For more information, please visit: <https://www.kodely.io/>

Dance with Ms. Kunstenaar!

Dance is a work out of cool rhythmic movements. In this fun and lively class, students will learn different techniques and genres of many different dances including hip-hop, ballroom, zumba, and more! We will begin each class with a warm up and end each class with a favorite party song! Students will learn choreography while learning more about their bodies and the way they move. This exciting class will explore the world of dance through fun, fitness, and the ultimate mix of dance styles!

Class Time: Tuesday 3:15pm - 4:15pm

Grades: Kindergarten - 3rd

Instructors: Adriana Kunstenaar

Total Sessions: 8

Fee: \$325

WEDNESDAY

Arts Around the World with Ms. Lawrence!

In Arts Around the World, students will focus on developing their drawing skills by working with, and combining, a variety of kid-friendly materials including markers, cray-pas, colored pencils, and more! Projects will include lessons in symmetry, composition, proportions, and coloring, inspired by art throughout history and across the globe. This after-school program is perfect for fostering students' creativity while expanding their cultural knowledge. This class is appropriate for grades K-5, with certain projects subject to adjustment depending on grade level skills.

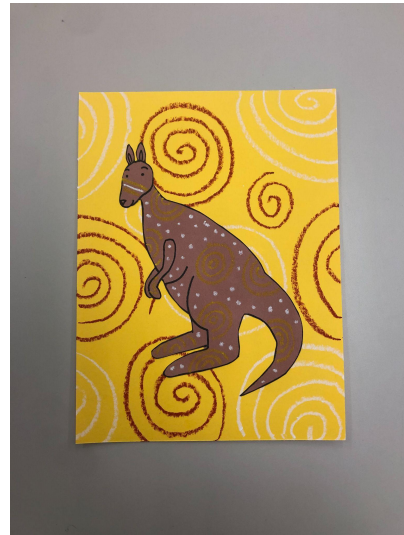
Class Time: Wednesday 3:15pm - 4:15pm

Grades: Kindergarten - 5th

Instructors: Cameron Lawrence

Total Sessions: 8

Fee: \$325



Pre-Lego Robotics - Grades K-2

Robofun's mission is to ignite kids' desire to explore, solve problems and learn. We invent, build, and have fun with cool technologies. Robofun has been working with schools, CBOs, and museums to teach emerging technology creatively and effectively for over twenty-four years. Students get hands-on experience learning about gears, motors and energy while building LEGO® projects! Students will build creativity and develop problem-solving skills while learning concepts in engineering and robotics.

Class Time: Wednesday 3:15pm - 4:15pm

Grades: Kindergarten - 2nd

Instructors: Robofun Staff

Total Sessions: 8

Fee: \$560

Junior SPIKE Lego Robotics - Grades 3-5

Robofun's mission is to ignite kids' desire to explore, solve problems and learn. We invent, build, and have fun with cool technologies. Robofun has been working with schools, CBOs, and museums to teach emerging technology creatively and effectively for over twenty-four years. Students are introduced to robotics by building and coding LEGO® projects using sensors, motors, and LEGO's playful SPIKE Prime software. Students will enhance their ability to work in a team as they discover what it's like to be a programmer and an engineer.

Class Time: Wednesday 3:15pm - 4:15pm

Grades: 3rd-5th

Instructors: Robofun Staff

Total Sessions: 8

Fee: \$560



education

THURSDAY

Soccer in the BWL Gym! Grades K-2

Aimed at inspiring and nurturing the love of soccer, Born Kickers coaches teach the sport in a positive, healthy, and safe environment – where children gain the benefits of team athletics and develop a passion for the global game. Born out of the Manhattan Kickers Football Club, the program has helped guide hundreds of young players towards their soccer aspirations.

The Born Kickers curriculum is designed to be fun and engaging, delivered by professional coaches. Each 1 hour session is packed with active exercises. Portable Bownet soccer goals allow the players to shoot into a realistic net — one of the most enjoyable sensations in soccer! Age-appropriate size 1 soccer balls are used for maximum development and control

Class Time: Thursday 3:15pm - 4:45pm

Grades: Kindergarten - 2nd

Instructors: Dygo Jozefzoon

Total Sessions: 8

Fee: \$350

For more information, please visit: www.BornKickers.com

BWL Rock Band

Rock Band is back again this semester at BWL! In this program, students will utilize instruments including a drum kit, guitars, keyboards, bass, and vocal mics. The band will learn classic songs from the rock and pop catalog, learn how to play music with others, and have the opportunity to try out their own songwriting skills. We will practice warmups, learn the basics of how to improvise, and work on writing an original song or two with a performance at the end of the term!

Class Time: Thursday 3:15pm - 4:15pm

Grades: 3rd - 5th

Instructors: Eliza Waldman

Total Session: 8

Fee: \$375



Needlework with Mrs. Kunstenaar!

During this eight-week class, students will learn the fundamentals of knitting, crocheting, and needlepoint. Holding the pertinent materials, starting and completing projects, and learning the basic stitches in each medium will be taught and practiced. Projects in each of the crafts will be completed and sent home!

Class Time: Thursday 3:15pm - 4:15pm

Grades: 3rd - 5th

Instructors: Sylvie Kunstenaar

Total Sessions: 8

Fee: \$325

Team Sports with Corbin's Crusaders: Grades 3-5

Why try one sport all season long when you can play one or more every day? Rotating through sports offers broader exposure, greater understanding of "team" and allows kids to determine their favorites for themselves. Soccer, baseball, dodgeball, and more!

The children will be picked up at BWL by the Corbin's Crusaders staff and walked to Central Park. Pick up will be at 4:45pm inside the park at the southwest corner of 79th Street and 5th Avenue.

Please use this link to register: activities.corbinscrusaders.com

Log in or register and select Thursday Team Sports

Class Time: Thursday 3:15pm - 4:45pm

Grades: 3rd - 5th

Instructors: Corbin's Crusaders Staff

Total Sessions: 8

Fee: See link above



FRIDAY

Chess - Grades K-2, 3-5

The beginner's class will focus on teaching the rules of the game. This includes how the pieces move, capture, check, checkmate, and stalemate. We will learn to name all the squares on the chessboard and the value of the different pieces. Every class will begin with a lesson on the demo-board or smartboard. We will then do a sheet of puzzles to reinforce the lesson and students will participate in supervised play with their classmates. We will also learn simple tactics, solve puzzles, and look at some basic instructive games together!

Intermediate players will learn middle game themes to make the pin and put the pressure on the pinned piece. Students will develop the attack on the opponent's king and work on their thinking process, learning to always ask why the opponent made the last move and how to try to stop the threat. Together we will continue to play simple endgames with just kings, rooks and pawns. The students will solve puzzles, do worksheets, and participate in supervised play with their classmates.

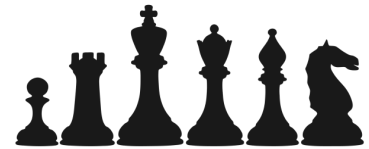
Class Time: Friday 2:15pm - 3:15pm

Grades: Kindergarten - 2nd, 3rd - 5th

Instructor: International Chess Master Giorgi Bakhtradze

Total Sessions: 6

Fee: \$350



Flag Football with Corbin's Crusaders: Grades K-2, 3-5

Children will work on fundamentals and hone their football skills through this exciting program where we run skills, drills, and thrills each week. Each class we focus on 1 or 2 skills and teach them through fun game like drills. Most importantly, we play a game each week and get to show off our skills on the field.

The children will be picked up at BWL by the Corbin's Crusaders staff and walked to Central Park. Pick up will be at 4:45pm inside the park at the southwest corner of 79th Street and 5th Avenue.

Please use this link to register: activities.corbinscrusaders.com

Log in or register and select Friday Flag Football

Class Time: Friday 2:15pm - 3:45pm

Grades: Kindergarten - 2nd and 3rd - 5th

Instructors: Corbin's Crusaders Staff

Total Sessions: 8

Fee: See link above

Cooking with Ms. Rice!

In this scrumptious class, students will explore and prepare a variety of delicious, nut-free foods. Each week, they will discover different cuisines and will prepare kid-friendly snacks that are both savory and sweet. Students will be introduced to a variety of cooking terms and utensils, and learn how to double and triple the ingredients that go into their creations. At the end of the class, students will take home a recipe book with all of the snacks they created so that they can become chefs at home too! Get ready for your taste buds to go wild!

Class Time: Friday 2:15 - 3:15pm

Grades: Kindergarten - 5th

Instructor: Casey Rice

Total Sessions: 6

Fee: \$275



Youtube Production - Grades 3-5

This class focuses on video production elements to make polished short videos that kids are passionate about. Content may include creating how-to videos, product reviews, tv shows, gamer videos, blogging, skits, animations, and more. Participants learn the skills and techniques necessary to create professional and polished videos that engage and educate their audience and friends. Skills covered include: performance, lighting, camera shot, editing, marketing and promoting a brand, finding unique content, and other relevant skills. A great class for beginners as well as the more advanced video maker. The class will also highlight privacy, and staying safe on the internet. Whether your videos go online or not, this class is perfect for any creative kid!

Class Time: Friday 2:15pm - 3:15pm

Grades: 3rd - 5th

Instructor: Cinema Kidz Staff

Total Sessions: 6

Fee: \$275

Adventures in Animation - Grades K-2

Explore the wide world of stop motion animation with CinemaKidz! Children utilize a variety of materials to build props, characters, and fantastical mini movie sets to feature in original stop-motion animation films. Experiment with combining live action with animation, as well as effects like drawing on each frame, and utilizing green screens and stock footage. Children learn to create their own sounds and special effects to add to their shorts as they work in post-production finishing their animated shorts. Kids will explore various stop-motion and digital animation techniques, and create a variety of both 2D as well as 3D projects.

Class Time: Friday 2:15pm - 3:15pm

Grades: Kindergarten - 2nd

Instructor: Cinema Kidz Staff

Total Sessions: 6

Fee: \$275

General Information

The primary goal of the After School Program is to support Birch Wathen Lenox's educational and developmental philosophy for Lower School students through a continuation of the school experience. The After School Program offers a variety of services and classes that enable children to flourish as individuals while meeting parental concerns for quality before and after school care, supervision, enrichment, and recreation.

Early Arrival

This program is offered for students who must arrive at school prior to 8:00am and runs from 7:30-8:00am each day. Students will be supervised by a teacher in the Auditorium until it is time for them to go to their class arrival location. This program may be used on an as needed basis, and there is no charge for this program. Students in Grades 3-5 are permitted to go to their classrooms beginning at 8:00am. Students in Grades K-2 will report to their arrival stations at 8:00am.

Extended Day

Extended Day provides after school support for BWL families and is offered for students who are unable to be picked up from school at the regular dismissal time. Extended Day runs daily from dismissal at 3:00 until **5:30pm**. Students are encouraged to work on their homework assignments and, if needed, are given assistance by a supervising teacher. Upon completion of their homework, students are given opportunities to socialize and participate in supervised activities. This includes playing organized games, reading, drawing, or working on a computer. Extended Day is available on an as needed basis. If you would like to enroll your child in Extended Day, please notify your child's homeroom teacher via email that morning. If your child will be attending Extended Day following an enrichment class, please email christine.giangola@gbwl.org that morning. Please note you will be billed for this service at a rate of **\$20 per hour** bi-monthly. Extended Day will not be offered on days when school has an early dismissal.

Enrichment Classes

Each trimester, a variety of enrichment classes are offered. Students enrolled in an enrichment class will assemble in the BWL Commons at dismissal. A snack will be provided prior to the start of each class. Class instructors will meet the students in the Commons and escort them to the classrooms. Upon completion of the session, class instructors will dismiss all students in the lobby. All enrichment classes at BWL will run from 3:15-4:15pm Monday through Thursday and 2:15-3:15pm on Friday.

General Information

Spring Enrichment Class Information

- Enrichment classes begin on **Monday, April 10th and end on Friday, June 2nd.**
- Registration for enrichment classes closes on **Sunday, April 2nd.**
- Enrichment classes are strictly limited to a specific number of students.
- We reserve the right to cancel any enrichment class if the minimum enrollment is not met. If a class is canceled, families will have the opportunity to switch into another available course or they will receive a full refund or credit.
- If enrollment for a particular enrichment class has already been filled, you will receive a full refund or credit.
- If you need a receipt, please make a note on the registration form.

MONDAY classes and Extended Day will NOT be held on the following days: Monday, May 29th (Memorial Day)

FRIDAY classes and Extended Day will NOT be held on the following day: Friday, April 28th (Professional Day)
Friday, May 26th (Memorial Day Weekend)

Dismissal Procedures

Dismissal from enrichment classes will be in the lobby. If your child is enrolled in Extended Day, please sign him/her out at the BWL Security Desk and kindly wait in the lobby until your child is escorted downstairs. For security purposes, parents will not be permitted upstairs for pick-up.

Please submit the names of all individuals who will be picking your child up from school to his/her homeroom teacher. This is a school requirement.

If your child is picked up from school after 5:30pm, you will be charged at a rate of \$1.00 per minute after 5:30pm. Failure to pay Extended Day bills and repeated pick up after hours will result in a suspension from the Extended Day Program, as well as all After School enrichment classes. Thank you in advance for your cooperation.

Registration and Payment Information

Registration for enrichment classes closes on Sunday, April 2nd. To enroll your child in an enrichment class, please click on the links below to complete the registration form and to submit credit card payment.

→ STEP 1: Registration
[CLICK HERE TO REGISTER!](#)

→ STEP 2: Credit Card Payment
[CLICK HERE TO MAKE A PAYMENT](#)

**Register on or before Friday, March 17th and
receive a 10% discount!**

Enter Code “BWL10” when you submit payment on the BWL website.